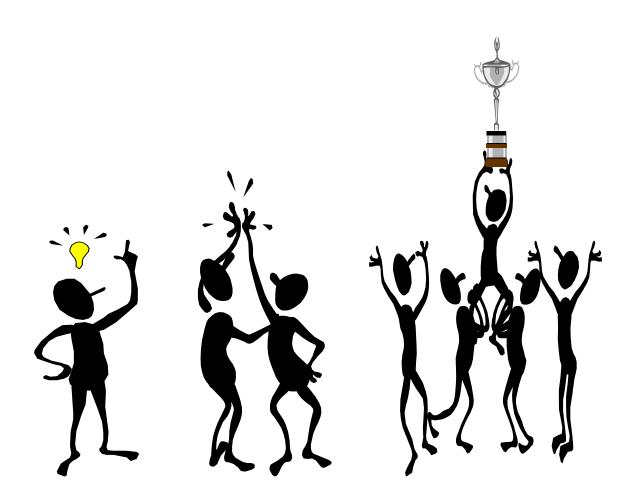
The 7th Annual Diabetes/Heart Disease & Stroke Winter Symposium Evidence-Based Management – Improving Diabetes & Cardiovascular Care: Innovate, Motivate To Better Collaborate



February 27-28, 2009
Crown Reef Resort and Convention Center
Myrtle Beach, SC

Jointly Sponsored by:
The Medical University of South Carolina
SC DHEC Diabetes Prevention and Control Program
SC DHEC Heart Disease and Stroke Prevention Division

In Cooperation with:
The Diabetes Initiative of South Carolina
Diabetes Today Advisory Council

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ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Medical University of South Carolina and South Carolina Department of Health and Environmental Control (DHEC). The Medical University of South Carolina is accredited by the ACCME to provide continuing medical education for physicians.

STATEMENT OF PURPOSE

To address the burden of diabetes, heart disease, and stroke in South Carolina though education to improve patient outcomes. In the past several years, the state has ranked very high in the nation for diabetes prevalence and stroke/cardiovascular disease deaths.

CONTINUING EDUCATION DESIGNATIONS

Physicians

The Medical University of South Carolina designates this educational activity for maximum of 9.75 AMA PRA Category 1 Credit(s)TM. Physicians should only claim those credits commensurate with the extent of their participation in the activity.

Nurses

Nursing Contact hours will be provided. SCDHEC is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Registered Dietitians

Registered Dietitians can apply for CEUs.

Social Workers

SC DHEC is approved by the SC Board of Social Work Examiners to provide (7) seven continuing education contact hours for social workers. A certificate of attendance will be provided at the end of the conference.

Certified Health Education Specialists (CHES)

SC DHEC has been approved for 10.75 CHES Category I hours.

CONFERENCE MATERIALS

Copies of faculty presentations and handouts, if provided, can be found at:

www.scdhec.gov/diabetes

www.scdhec.gov/hdsp

These documents will be available for download in Adobe format after March 9th.

OBJECTIVES

At the conclusion of this conference, the participants should be able to:

- 1. Identify two advances of pharmacology in the treatment of diabetes/cardiovascular diseases.
- 2. Describe the current evidence-based management of a person with diabetes, hypertension, and Chronic Kidney Disease (CKD).
- 3. Recall the prevalent paradigms on causes of diabetes and their impact on available treatment options.
- 4. Recognize the key concepts of the "motivational interview" and its practical application at the clinic level for the management of a person with diabetes, obesity, and cardiovascular disease.
- 5. Discuss the current strategies used by DHEC to address the burden, prevalence, and opportunities surrounding diabetes and cardiovascular disease in South Carolina.
- 6. Describe the components of the American Society of Hypertension, Inc. (ASH) Hypertension Expert model for improving hypertension control and identify the necessary steps to implement the ASH recommendations for the treatment of hypertension in the practice setting.
- 7. Define the role of physical activity in the management of diabetes and hypertension.
- 8. Identify appropriate Medicare billable services to ensure uninterrupted revenue streams and efficacious administrative compliance.
- 9. Implement the AADE7 behavioral principles in the provision of diabetes self-management education.
- 10. List the benefits and limitations of installing and using Electronic Medical Records.
- 11. Describe the current recommended standards of care for diabetes.
- 12. Utilize the evidence-based clinical practice guideline and FDA-approved pharmacotherapy for treating tobacco use and dependence, and make provider referrals to the state-based tobacco quitline.
- 13. Define the role of nutrition in the management of diabetes and cardiovascular disease.

AGENDA

FRIDAY, FEBRUARY 27, 2009

1:00 PM - 2:30 PM Registration, Hotel Check-In, Exhibits, Networking **OPENING SESSION** CAROLYN JENKINS, DRPH, APRN, BC-ADM, RD, CDE, FAAN MODERATOR: MEDICAL UNIVERSITY OF SOUTH CAROLINA 2:30 PM - 3:15 PM **Update on Medications for the Treatment of Diabetes, Cardiovascular Diseases and Their Related Complications** Sharm Steadman, PharmD, BCPS, FASHP, CDE Family and Preventive Medicine Residency Program 3:15 PM - 3:30 PM Break, Exhibits 3:30 PM - 4:30 PM Diabetes, Hypertension, and More: Managing the Patient with **Chronic Kidney Disease** Prakash Prabhu, MD Columbia Nephrology Associates 4:30 PM - 5:30 PM Panel discussion: Self-Management Goal Setting and the AADE7 Gwen A. Davis, MN, RN, CDE Home Health Services, SC DHEC Pamela Arnold, MSN, APRN, BC-ADM, CDE Diabetes Center, Medical University of South Carolina 5:30 PM - 6:30 PM Check In, Exhibits, Networking 6:30 PM - 8:00 PM **Dinner and Speaker Motivational Interviewing in the Clinical Setting** James R. Stallworth, MD Pediatrics, University of South Carolina School of Medicine 8:00 PM - 8:15 PM Remarks/Evaluation/Adjournment

AGENDA

SATURDAY, FEBRUARY 28, 2009

GENERAL SESSION

7:15 AM – 8:15 AM	Breakfast, Registration, Exhibits	
MODERATOR:	SHELLY-ANN BOWEN, PhD, MS(CT) EPIDEMIOLOGY, SC DHEC	
8:15 AM – 8:30 AM	Welcome – DHEC Update Lisa F.Waddell, MD, MPH Deputy Commissioner of Health Services, SC DHEC	
8:30 AM – 9:30 AM	Role of Physical Activity in the Management of Diabetes Mellitus and Hypertension Joseph Largay, PA-C, CDE Diabetes Care Center at the University of North Carolina at Chapel Hill	
9:30 AM – 10:30 AM	Medicare Billing- What Services Can Be Billed? Becke Turner, RN Palmetto GBA	
10:30 AM – 11:00 AM	Breaks, Exhibits	
11:00 AM – 12:00 PM	Update on Current Views on Causes of Diabetes Usah Lilavivat, MD, FACP, FACE, FACN, CDE Carolina Diabetes & Kidney Center	
12:00 PM – 1:00 PM	Lunch/Awards Presentation	
1:00 PM – 1:50 PM	Electronic Medical Records – Benefits, Barriers, and Limitations Jennifer Anderson, MHSA, PMP Carolinas Center for Medical Excellence	
1:50 PM – 2:45 PM	Nutrition in Diabetes and Cardiovascular Disease Sandra S. Williams, MS, RD, LD, CDE Region 2, DHEC	
2:45 PM – 3:00 PM	Break	
3:00 PM – 4:15 PM	Diabetes Management Update: Standards, Research, and Applications Sam Dagogo-Jack, MD, FRCP	
	University of Tennessee Health Science Center	
4:15 PM – 4:30 PM	Closing Remarks/Evaluation Rhonda L. Hill, PhD, CHES Diabetes Prevention and Control Program, DHEC	

Dory Masters, MEd, CHES Heart Disease and Stroke Prevention Division, DHEC

AGENDA

SATURDAY, FEBRUARY 28, 2009

PHYSICIAN TRACK

7:15 AM – 8:15 AM Breakfast, Registration, Exhibits

MODERATOR: COVIA L. STANLEY, MD, MDIV

REGION 6, SC DHEC

8:15 AM – 8:30 AM Welcome – DHEC Update

Lisa F. Waddell, MD, MPH Health Services, SC DHEC

8:30 AM – 12:00 PM American Society of Hypertension, Inc. (ASH)

Hypertension in the Diabetic Patient: Clinical Epidemiology, Lifestyle Modification, Initial Treatment, and Treatment for

Co-Morbid Conditions

Daniel Lackland, DrPH

Biometry & Epidemiology, Medical University of South Carolina

Diabetes Initiative of South Carolina

Brent M. Egan, MD

Hypertension Initiative, Medical University of South Carolina

12:00 PM – 1:00 PM Lunch/Awards Presentation

AFTERNOON SESSION

1:00 PM – 2:45 PM Tobacco: Counseling Your Patients to Quit. The 5 A's

Robert Mallin, MD

Medical University of South Carolina - Family Medicine

Katy Wynne, EdD, MSW

Division of Tobacco Prevention & Control, DHEC

2:45 PM – 3:00 PM Break

3:00 PM – 4:15 PM Diabetes Management Update: Standards, Research, and

Applications

Sam Dagogo-Jack, MD, FRCP

University of Tennessee Health Science Center

4:15 PM – 4:30 PM Closing Remarks/Evaluation

Rhonda L. Hill, PhD, CHES

Diabetes Prevention and Control Program, DHEC

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EXHIBITORS

WE EXTEND OUR THANKS TO THE FOLLOWING COMPANIES FOR EXHIBITING AT THE 2009 WINTER SYMPOSIUM:

AGAMATRIX/WAVESENSE

BAYER DIABETES CARE

MERCK & CO., INC

NATIONAL KIDNEY FOUNDATION OF SOUTH CAROLINA

SCMA FINANCIAL SERVICES, INC

SANOFI AVENTIS: LANTUS/APIDRA

SC DHEC, BUREAU OF COMMUNITY HEALTH & CHRONIC DISEASE PREVENTION

ACKNOWLEDGEMENTS:

WE GRATEFULLY ACKNOWLEDGE

- THE DIABETES TODAY ADVISORY COUNCIL (DTAC) FOR FACULTY SPONSORSHIP OF DR. SAM DAGOGO-JACK AND FOR SPONSORING THE BEVERAGE BREAK
- THE NATIONAL KIDNEY FOUNDATION OF SOUTH CAROLINA FOR FACULTY SPONSORSHIP OF DR. PRAKASH PRABHU AND IN-KIND SUPPORT OF PROVIDER RESOURCES

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The South Carolina Diabetes Prevention and Control Program/SC DHEC endorses the Standards of Accreditation Council for Continuing Medical Education. The Planning Committee members of this symposium have provided disclosure information that is listed below.

The following information has been disclosed.

- No relevant financial relationship with a commercial entity.
- Does not intend to discuss an unapproved/investigative use of a commercial product/device.

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In accordance with the AACME Essentials and Standards, anyone involved in planning or presenting this educational activity will be required to disclose any relevant financial relationships with commercial interests in the healthcare industry. This information listed below.

The Medical University of South Carolina College of Medicine, as an ACCME provider, requires that all faculty presenters identify and disclose any off label uses for pharmaceutical and medical device products. The Medical University of South Carolina College of Medicine recommends that each physician fully review all the available data on new products or procedures prior to instituting them with patients.

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Daniel Lackland, DrPH

Relationship – Research Support: Novartis

Relationship - Speakers' Bureau: Novartis, Sanofi Aventis, Merck

Joseph Largay, PA-C, CDE

Relationship – Honorarium: AAPA, Amylin, Novo Nordisk, Pfizer, Sanofi-Aventis, Smith's Medical

Consultant: Amylin, Hoffman-LaRoche, Intekrin, Lilly, Medtronic, Novo Nordisk,

Novartis, Osiris, Pfizer, NIH/NHLBI, Tolerx, Transition Therapeutics

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Employee: University of North Carolina

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Relationship – Speakers' Bureau: Takada Pharmaceutical

RECOGNITION AWARDS ELIGIBILITY CRITERIA:

1. <u>DHEC Regional Diabetes Educator of the Year Award:</u>

Purpose: This award is presented to a distinguished DHEC health professional that has made outstanding

educational efforts in the field of diabetes that impact the state of South Carolina in establishing

higher standards for diabetes education.

Eligibility: Nominee must have been employed as a DHEC Regional Diabetes Educator for at least three (3)

consecutive years, promoted education and advancement of diabetes standards of care, and

contributes directly to the health of local communities, regions, or the state.

2. Certified Diabetes Educator of the Year Award:

<u>Purpose</u>: This award recognizes a certified diabetes educator who has made a special contribution to diabetes

education through dedication and innovation in the daily practice of patient care.

Eligibility: Nominees must be currently employed as a Diabetes Educator. The nominee must have been a

Certified Diabetes Educator (CDE) for at least three (3) years.

3. Physician/Physician's Assistant/Nurse Practitioner of the Year Award:

Purpose: This award recognizes an outstanding primary care provider in the field of diabetes in efforts to

honor, stimulate, and acknowledge their dedication to quality and excellence in diabetes patient

care.

Eligibility: Nominees must have been actively engaged in clinical practice for at least three (3) years, with

attention to provision of patient-centered care based on the national diabetes recommended

standards of care (clinical and self-management education).

4. Community Health Center of the Year Award:

Purpose: This award recognizes the outstanding contributions of a community health center in improving

diabetes performance measures through improved health care delivery systems that increase access

and decrease health disparities among medically underserved populations.

Eligibility: Nominees must have been participants of the National Diabetes Collaborative for at least two (2)

years and have made substantial advancement in establishing an office practice system to improve care for patients through well-defined measures, collaborative goals, engaging a team to participate in improvement activities, and collecting and reporting data needed to track improvement of health care outcomes. The sixteen **Community Health Centers participating in the Diabetes**

Collaborative that are eligible for nomination include: (1) Beaufort-Jasper-Hampton Comprehensive Health Services (Ridgeland); (2) Black River Healthcare (Manning); (3) Carolina Health Centers (Greenwood); (4) CareSouth Carolina (Darlington/Hartsville); (5) Family Health Center (Orangeburg); (6) Franklin C. Fetter Family Health Center (Charleston); (7) Health Care Partners of SC (Conway); (8) Little River Medical Center (Little River); (9) Low Country Health Care System (Fairfax); (10) Margaret J. Weston Medical Center (Clearwater); (11) New Horizon Family Health Services (Greenville); (12) Regenesis Community Health Center (Spartanburg); (13) Richland Community Health Care Association (Columbia); (14) Sandhills Medical Foundation

(Jefferson); (15) Sumter Family Health Center (Sumter); and (16) St. James-Santee Family Health

Center (McClellanville).

5. Power to End Stroke Ambassador of the Year Award:

Purpose: This award recognizes an or

This award recognizes an outstanding Power to End Stroke (PTES) Ambassador who has served to promote education and awareness targeted at lowering the incidence of stroke in the African-American population. This campaign embraces and celebrates the culture, energy, creativity and lifestyles of African-Americans. It unites African-Americans to make an impact on the high incidence of stroke within their community.

Eligibility:

Nominees must be actively spreading the PTES outreach message, effective and well received in their communities, and engaged in promoting PTES by finding creative venues and partners to support this important awareness and prevention campaign to lessen the burden of stroke in SC.

6. <u>American Heart Association (AHA)/American Stroke Association (ASA) - Get with the Guidelines</u> Hospital of the Year Award:

<u>Purpose:</u> This award recognizes a Get With The Guidelines (GWTG) Hospital that has made significant

improvements in quality care for patients with cardiovascular disease and stroke.

Eligibility: Nominees must be using all three modules of the GWTG Program and have achieved the AHA's

Participating Status and the Bronze Level Award (>85% compliance on all performance indicators for 90 consecutive days). Nominees must also show that they are engaged in the program by using concurrent chart review and by having an active GWTG team, a committed physician champion

and GWTG program champion.

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EXPERIENCE

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PRESENTATIONS

February 2006 Triangle Medical Group Managers Association

EHR Planning and Pre-work

May 2006 Medical Records Institute Roadshow

EHR Implementation Barriers

February 2007 Mid-Carolinas Physician Organization

EHR Planning and Pre-work

October 2007 NC Medical Society Annual Meeting

EHR Interface Basics

June 2008 Triangle Medical Group Managers Association

Workflow Analysis for EHR Implementation

Pamela Carylon Arnold, MSN, APRN, BC-ADM, CDE

Pam has practiced in diabetes care, management and education for 30 years in Ohio, Florida and South Carolina. She has worked with children, adolescents, adults and the elderly with diabetes. She developed and implemented Diabetes Centers in Ohio, Florida and South Carolina. The past ten years she has been actively involved in the Diabetes Initiative of South Carolina – a grant funded by the SC General Assembly to reduce the burden of diabetes in the state. She is a past recipient of the Allene Von Son Award given by the American Association of Diabetes Educators in 1981, 1982 and 1985 for slide tape and video presentations for children and pregnant women with diabetes.

In 1997, Pam was one of three national finalists for the Diabetes Educator of the Year.

She has been actively involved throughout her career with the ADA, JDF and AADE.

She has numerous peer-reviewed publications and is a diabetes consultant. She has served as adjunct faculty in Ohio, Florida and currently at MUSC College of Nursing.

Currently, Pam is developing, implementing and evaluating hospital protocols focusing on glycemic control in the ICU's and the general medical surgical floors.



Sam Dagogo-Jack, MD, MBBS, MSc, FRCP, FACE

Sam Dagogo-Jack, MD is Professor of Medicine and Director, Fellowship Training Program in Endocrinology, Diabetes and Metabolism, and Director, Clinical Research Unit at the University of Tennessee Health Science Center, Memphis, TN. Dr. Dagogo-Jack earned his medical degree from the University of Ibadan Medical School in Nigeria and completed residency in

Internal Medicine and advanced training in Endocrinology at the Royal Victoria Infirmary, University of Newcastle-Upon-Tyne, UK. Dr. Dagogo-Jack earned a Masters degree in Medical Science from the University of Newcastle-Upon-Tyne as well as a research Doctorate degree for his work on epidermal growth factor. He underwent fellowship training in Endocrinology, Diabetes and Metabolism at Washington University School of Medicine, St Louis, MO. Dr Dagogo-Jack then held the positions of Instructor in Medicine, Assistant Professor of Medicine, and Associate Professor of Medicine in the Division of Endocrinology, Diabetes and Metabolism and Associate Director (Wood-Moore Firm) in the Department of Medicine, at Washington University School of Medicine in St. Louis. Dr. Dagogo-Jack was Professor of Medicine and Director, Diabetes Program at the University Medical Center, Jackson, MS, before taking up his current position. Dr. Dagogo-Jack is board-certified in Internal Medicine and Endocrinology, Diabetes and Metabolism.

Dr. Dagogo-Jack's current research interests include various aspects of the pathobiology of pre-diabetes and diabetes, as well as the metabolic significance and regulation of leptin in humans. He currently serves as Principal Investigator for the NIH Diabetes Control and Complications Trial/Epidemiology of Diabetes Interventions and Complications (DCCT/EDIC) study at the University of Tennessee. He currently serves as Principal Investigator for the NIH Diabetes Control and Complications Trial/Epidemiology of Diabetes Interventions (DCCT/EDIC) study at the University of Tennessee. He was Principal Investigator for the Washington University site of the NIH Diabetes Prevention Program from 1997-2000. Dr Dagogo-Jack has served on the NIH/NIDDK Grant Review Study Section on Endocrinology, Diabetes and Metabolism; the NIH/CDC National Diabetes Education Program; and various NIH Working Groups in the field of diabetes. He is an Associate Editor for the journal *Diabetes Care* and has served on the editorial boards of the *Journal of Clinical Endocrinology & Metabolism, Endocrine today, Current Drug Targets, Cardiology Quarterly,* and *Medicinal Chemistry,* and is a peer reviewer for numerous scientific journals. Dr. Dagogo-Jack's publications include 16 book chapters and more than 200 scientific papers and abstracts.

Dr. Dagogo-Jack, whose biography is included in *Marquis Who'sWho in America* and *Who'sWho in the World* as well as *Best Doctors in America*, has been elected to the *Alpha Omega Alpha* Medical Honor Society, and is a Fellow of the Royal College of Physicians of London, the Royal Society of Medicine, the American College of Physicians, and the American College of Endocrinology. He has served as a chapter president of the American Diabetes Association (St Louis Chapter, 1998-2000), Subspecialty chair (Endocrinology Section) of the Central Society for Clinical Research (1999-2001) and is an active member of the Endocrine Society (Clinical research Committee) and the American Association of Clinical Endocrinologists (Publications and Clinical research Committees). Dr. Dagogo-Jack received the 2008 Distinction in Clinical Endocrinology Award from the American College of Endocrinology.



Gwen A. Davis, MN, RN, CDE

• Master of Nursing, University of South Carolina, Columbia, SC

EDUCATION

Bachelor of Science in Nursing, University of Virginia	May 1976
 Bachelor of Science in Zoology, North Carolina State University 	December 1972
EXPERIENCE	
 State Coordinator for Diabetes & Disparities SC DHEC 	2003 - Present
 Diabetes Coordinator/ Chronic Disease PHNA – DHEC/Pee Dee District 	1998 - 2003
 Staff Nurse – Darlington County DHEC Home Health 	1995 – 1998
 Staff Nurse – Labor and Delivery – Byerly Hospital, Hartsville, SC 	1994 – 1995
 Director of Nursing, Wilson Hospital, Darlington, SC 	1994
 Nursing Faculty – Florence Darlington Technical College 	1990 – 1994
• Maternity-Family Planning Program Supervisor – DHEC/Pee Dee District II	1988 - 1989
 Maternity Program Supervisor, DHEC/Pee Dee District, Florence, SC 	1986 – 1988

December 1990

1984 - 1985

LICENSURE AND CERTIFICATION

RN Licensure – 0036209 National Certification as Diabetic Educator (CDE)

• OB Clinical Coordinator - Byerly Hospital, Hartsville, SC

PROFESSIONAL ORGANIZATIONS

SC Nurses Association –Board President 2006-2008 Center for American Nurses GIA Grant Committee member 2005-2007 American Association of Diabetes Educators American Diabetes Association Palmetto Gold of SC 2004 recipient Sigma Theta Tau



Brent M. Egan, MD

Brent M. Egan is a professor of medicine and pharmacology at the Medical

University of South Carolina. He received his medical degree and training in medicine and hypertension at the University of Michigan in Ann Arbor, Michigan. His clinical and basic research studies have examined mechanisms of cardiovascular risk in obesity. The findings suggest that fatty acids participate in the pathophysiology of elevated blood pressure and vascular remodeling in patients with the metabolic syndrome through oxidative stress-sensitive pathways. The DASH Eating Plan appears to lower blood pressure in part by increasing anti-oxidant capacity and reducing oxidative stress.

Dr. Egan's participation in community activities has included "Heart & Soul," "Lighten Up,"
"Commun-I-Care," the Stroke Belt Initiative and the Hypertension Initiative, which is currently working with ~1500 primary care providers at more than 150 practices and ~1,300,000 patients in the Southeast in an effort to improve cardiovascular health. The US Department of Health and Human Services recognized the Initiative as a national Best Practice Model in March 2004 and again in July 2004 for reducing health disparities. Dr. Egan is active in the American Society of Hypertension (ASH) where he has served as vice president. His numerous activities have fostered more than 200 original papers and reviews and led to positions on the editorial boards of the American Journal of Hypertension, Current Hypertension Reports, Ethnicity and Disease, Hypertension, Journal of Human Hypertension,
Therapeutic Advances in Cardiovascular Disease and Journal of the American Nutraceutical Association.

He received recognition on the "Best Doctors" list for 1998-2008.



Rhonda L. Hill, PhD, CHES

Rhonda L. Hill, PhD, CHES is the Division Director for the Diabetes Prevention and Control Program within the Bureau of Community

Health and Chronic Disease Prevention at the South Carolina Department of Health and Environmental Control and has worked in this capacity for the past eight years. Dr. Hill is responsible for providing leadership to the division to strive towards the elimination of the disparity of diabetes morbidity and mortality among African Americans, elderly, and other high-risk individuals in South Carolina. She actively partners and collaborates with divisions within the Bureau and other DHEC programs as well as external partners to achieve common goals that will increase measurable public health impact.

Prior to her current position, Dr. Hill served as the District Director of Health Education for the Waccamaw Public Health District in South Carolina. There she coordinated comprehensive public health education for three counties as well as served on the District Management Team.

Dr. Hill is a graduate of Southern University A&M College in Baton Rouge, LA, Murray State University in Murray, KY and The University of Tennessee, Knoxville in Knoxville, TN. Her background is in clinical psychology and health education/health promotion and she is a Certified Health Education Specialist. She is a graduate of the Management Academy for Public Health from the University of North Carolina at Chapel Hill and actively works with the Diabetes Initiative of South Carolina and the Diabetes Council of the National Association of Chronic Disease Directors.



Daniel Lackland, DrPH

Daniel T. Lackland is Professor, and Director of Graduate Training and Education in the Department of Biometry and Epidemiology, and the Division of Cardiology at the Medical University of South Carolina. He received his doctorate degree in cardiovascular epidemiology from the University of Pittsburgh. The past president of the Mid-Atlantic Affiliate of the American Heart Association, he is the current chair of the Diabetes Initiative of South Carolina. He also serves on the AHA Stroke Council Leadership Committee, Epidemiology and Prevention Council Leadership Committee, High Blood Pressure Research Committee Leadership Committee, and recently completed service on the AHA National Research Committee. Dr. Lackland was appointed in 2008 to the NHLBI Global Risk Assessment Workgroup, and the High Blood Pressure Guidelines (JNC 8). He is the past-chairman of the South Carolina Stroke Task Force, Tri-State Stroke Network, and is the past president of the Carolinas-Georgia-Florida Chapter of the American Society of Hypertension. He is the recipient of the 2002 Excellence in Leadership award from the Consortium for Southeastern Hypertension Control. Much of his research interest involves the population risk assessment of cardiovascular disease, stroke and hypertension. In particular, his work focuses on the factors associated with the racial disparity in disease, and the geographic patterns of disease through the assessment of the data and tissue samples from the Charleston Heart Study and Evans County Heart Study. He is currently collaborating with Professor David Barker at the Medical Research Council with a study of the fetal origin of hypertensionrelated diseases and endothelial function. He is the principal investigator for the NIH-funded Black Pooling Project that is assessing the disparities in cardiovascular diseases and hypertension.

In addition to these epidemiological investigations, Professor Lackland is involved in population high blood pressure control efforts. He is involved with an assessment of the quality of hypertension treatment and control in the SC Medicaid population. He was appointed to the panel for the Eighth Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 8 and the work group for the NHLBI Clinical Guidelines for Cardiovascular Risk Reduction. He also serves on the boards of the American Society of Hypertension, Hypertension Initiative, and the Diabetes of South Carolina, Consortium for Southeastern Hypertension Control (COSEHC), and Barker Foundation for a Lifetime. He is a member of the editorial boards of Hypertension, Journal of Clinical Hypertension, Journal of the CardioMetabolic Syndrome, Ethnicity and Disease, Journal of the American Society of Hypertension, and Preventive Medicine. He also leads blood pressure and risk factor screening activities at sporting events in the Southeast, and is a consultant for high blood pressure control programs in Latin America and central Asia.



Joseph Largay, PA-C, CDE

CURRENT WORK EXPERIENCE

<u>Diabetes Care Center</u>, Department of Medicine, Division of Endocrinology, University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, Clinical Instructor / Physician Assistant - Certified, Director of Clinical Trials Program, Supervising Physician, John B. Buse, MD, PhD, CDE.

PRIOR EXPERIENCE

Kaiser Permanente, Raleigh, North Carolina, Physician Assistant - Certified, 6/92 - 9/95

Pocono Orthopedic Consultants, East Stroudsburg, Pennsylvania, Physician Assistant- Certified, 10/91 - 5/92

COURSE INSTRUCTION

UNC Nursing Course 608, 2004-09, Lifestyle Modification for Diabetes UNC Physical Therapy, Overview of Diabetes, Diagnosis to Treatment, 2003-2008 Durham Technical Institute, Diabetes - Pathophysiology and Treatment, 2005-2007 UNC School of Nursing Annual Diabetes Review & Update, Diabetes and Exercise, 2003-2006 UNC School of Nursing, Medical Treatment for Type 2 Diabetes, 2005-2006

EDUCATION

Hahnemann University, Philadelphia, Pennsylvania, Bachelor of Science, 1991

CERTIFICATIONS

National Commission on Certification of Physician Assistants North Carolina Board of Medical Examiners #101505 National Certification Board For Diabetes Educators Certified Insulin Pump Trainer; Medtronic

AFFILIATIONS

American Academy of Physician Assistants
American Society of Endocrine Physician Assistants
American Diabetes Association
Diabetes Exercise and Sport Association – Board of Directors, 2002- present
Team Physician, United States Disabled Cycling Team, European Championships, Zurich,
Switzerland, 9/01

VOLUNTEER ACTIVITIES:

Diabetes Exercise and Sport Association, Take Control Of Your Diabetes, Children With Diabetes, Local Support Groups



Usah Lilavivat, MD, FACP, FACE, FACN, CDE

Lilavivat was born in a Chinese family in the heart of Bangkok Thailand. With English as secondary language he is fluent in Cantonese and Thai. He received his early education through college preparation from the Assumption College. He graduated his MD from Mahidol University in Bangkok in 1970. After the internship at Ramathibodi Hospital, Mahidol University in Bangkok, he came to the United States in 1971. He then did his straight medical internship at Wayne State University and medical residency at St. Mary's Hospital in Rochester NY. After his fellowship training in Endocrinology at the University of Rochester School of Medicine and Dentistry, he served on the faculty at the Endocrine Unit of the University of Rochester till 1981. He then moved to Sumter South Carolina entering private practice together with his wife, Dr. Pusadee Suchinda, who is a nephrologist. Besides clinical practice, he actively participates in many clinical trials. Lilavivat is boarded certified in Internal Medicine, Endocrinology and Metabolism; he was also a Certified Diabetes Educator 2003 - 2008.

He is fellow of the American College of Physicians and the American Association of Clinical Endocrinologists. He is also an active member of numerous professional organizations such as the American Medical Association, the American Diabetes Association, and the Endocrine Society. He is past presidents of Sumter Clarendon Lee Medical Society, the American Diabetes Association, SC Affiliated, Southern Chapter of Thai Physicians Association of America, and Carolinas Chapter of American Association of Clinical Endocrinologists. He is past Chief of Staff of Tuomey Healthcare System and has served on the Board of Trustee of Tuomey Healthcare System. He has been serving several terms on the Board of Directors of Diabetes Initiative of South Carolina since 1998. He has served on numerous committees including Socio-Economic and Third Party Relations, and EMR committees of American Association of Clinical Endocrinologists, the Task Force Committee for the In-Hospital Intensive Management of Diabetes for the Diabetes Initiative of South Carolina, CME committee of The Thai Physician Association of America, Executive Committee of the Thai Physicians Association Foundation, and currently as chairman of the Improvement Organization Performance Committee of Tuomey Healthcare System. He was named The Physician of the Year in 2004 by the South Carolina Department of Health, Education and Environmental Control.

He has been a member of the American College of Nutrition since 1996. He has been serving as Council Coordinator of Endocrine, Bone and Mineral Council of the College from 2000 till 2005. He received his Fellow of the American College of Nutrition in 2003. At the annual meeting of the College in 2005, he was elected to the Board of Directors of the American College of Nutrition.



Robert Mallin, MD

Robert Mallin, MD is a Board Certified Family Physician and Tenured Professor in the College of Medicine at the Medical University of South

Carolina in Charleston, teaching in the Departments of Family Medicine and Psychiatry. Dr. Mallin teaches the smoking cessation curriculum in the College of Medicine's Family Medicine Clerkship, which includes a web-based tutorial on smoking cessation and motivational interviewing, using the Five A's and stages of change as formats. Dr. Mallin was instrumental in the development of two innovative medical teaching models, Objective Structured Learning Experience (OSLE) and an Objective Structured Clinical Exam (OSCE), as the main constructs of the cessation component of medical education. He is an editorial reviewer for the Journal of Family Practice, International Journal of Psychiatry and the Canadian Medical Association Journal. Dr. Mallin holds active memberships in the American Academy of Family Physicians, Society of Teachers of Family Medicine and American Society of Addiction Medicine. Dr. Mallin has received numerous awards and honors for outstanding faculty in medical teaching excellence and he is a sought after researcher, lecturer and presenter on the topics of tobacco cessation, addictions and substance abuse, and impaired physicians/health care professionals.



Dory Masters, Med, CHES

Dory Masters has worked within the public health, health care and academic arenas in SC for the past 30 years. The majority of this time has been spent within the SC DHEC system where she has served as Director of the Heart Disease and Stroke Prevention Division for the past four years. She previously served as the Director of Health Education and Community Based Services for one of the public health regions in the state. Ms. Masters taught health education courses as a visiting faculty member at Clemson University and has served as President of the SC Association for the Advancement of Health Education.

Prakash Prabhu, MD

CURRENT POSITION:

Columbia Nephrology Associates, P.A. Columbia, SC

Most recent employment:

Consultant Nephrologist Bradford, UK 3/97-4/00

Bradford Trust Hospitals

Education:

L.T.Municipal Medical College Bombay, India 1977-1983 K.J.Somaiya College Bombay, India 1975-1977

Non-U.S.A. Internship & Residency:

L.T.M.Medical College Bombay, India 6/82-6/83 and 9/83-1/85

James Paget HospitalGreat Yarmouth, UK8/85-1/87Musgrove Park HospitalSomerset, UK2/87-1/89Royal Liverpool HospitalLiverpool, UK2/89-6/89

Non-U.S.A. Fellowship:

St. James University Hospital Leeds, UK 7/89-7/92

U.S.A. Residency:

Cleveland Clinic Foundation Cleveland, OH 8/92-6/94

U.S.A. Fellowship:

University of Florida - Gainesville College of Medicine 7/94-12/96

Interventional Nephrology Training:

Richland Memorial Hospital Columbia, SC 2/03-5/03 (tunneled dialysis catheters)
Dr. Michael Levine, Milwaukee Milwaukee, WI 3/03-04/03 (AV fistula and grafts)

Certification:

University of Bombay, India M.B.B.S. 1985 Royal College of Physicians, UK M.R.C.P. 1988 American Board of Internal Medicine Diplomate 1994 American Board of Internal Medicine (Nephrology) Diplomate 1996 Royal College of Physicians, UK F.R.C.P. 1998

Professional Organizations and Appointments:

MemberAmerican Society of NephrologyMemberInternational Society of NephrologyMemberSC DHEC Renal Advisory Council

Board of Directors National Kidney Foundation of South Carolina Medical Advisory Board, Chairman National Kidney Foundation of South Carolina



James R. Stallworth, MD

EDUCATION

M.D. - 1976 University of Alabama, Birmingham, Alabama

Bachelor of Science (Chemistry) – 1973 University of Alabama, Tuscaloosa, Alabama

HONORARY SOCIETIES

Alpha Omega Alpha - 1986 Phi Beta Kappa - 1972 Gamma Sigma Epsilon (Chemistry Honorary) – 1972

CURRENT POSITION

Associate Professor of Pediatrics, University of South Carolina

PROFESSIONAL TRAINING/APPOINTMENTS

USC School of Medicine
Assistant Dean of Admissions/Director of Student Recruitment 1988 - Present

University of South Carolina School of Medicine
Vice-Chair of Education and Faculty Development-2008
Passed (superior rating) – Post Tenure Review – 2002
Associate Professor of Pediatrics (Tenured) – 1986-present

BOARD CERTIFICATION

Diplomat, American Board of Pediatrics - 1982

LICENSURE

Alabama – 8003, South Carolina – 9582

MEMBERSHIPS

American Academy of Pediatrics, South Carolina Chapter of American Academy of Pediatrics - Co-chair, Child Health Committee, Chair, Membership Committee, Elected member of the Nominating Committee, Midlands Pediatric Society, South Carolina Medical Care Foundation Caduceus Club, Southern Society for Pediatric Research, Society for Adolescent Medicine



Sharm Steadman, PharmD, BCPS, FASHP, CDE

CURRENT POSITION

Professor, Department of Family and Preventive Medicine, University of South Carolina School of Medicine

Adjunct Clinical Assistant Professor, South Carolina College of Pharmacy, USC campus

EDUCATION AND CERTIFICATIONS

University of North Carolina, Chapel Hill, North Carolina - BS in Pharmacy (1978)

Medical University of South Carolina, Charleston, South Carolina - Doctor of Pharmacy (1982)

Medical University of South Carolina, Charleston, South Carolina, Clinical Pharmacy Fellowship in Family Practice (1983)

Board Certified Pharmacotherapy Specialist (1993, recertified 2000, 2007)

Certification in Diabetes Disease Management (1996), Certified Diabetes Educator (2002, 2007)

HONORS AND AWARDS

Faculty of the Year, USC/Palmetto Health Richland Family Medicine Residency Program, 2007

2007 Pharmacist of the Year, South Carolina Pharmacy Association

Teacher of the Year, USC/Palmetto Health Richland Family Medicine Residency Program, 2005

SC Budget and Control Board, Prevention Partners, Volunteer of the Year 2000

SERVICE

USC School of Medicine, Continuing Medical Education Advisory and Faculty Development Committees

USC Department of Family and Preventive Medicine, Education, Resident Recruitment, Curriculum and Medical Information Services Committees

Community service activities including volunteer presentations for American Heart Association, SC Prevention Partners and Diabetes Initiative of South Carolina



Becke Turner, RN

Becke has worked for Palmetto GBA for 12 years. After nine years as the

Focused Medical Review Coordinator, Becke accepted the Medical Affairs Coordinator position under Dr. Jeter in 2005.

A native of Illinois, Becke completed her nurse's training in St. Louis, Missouri, but maintains an active license in South Carolina and inactive licenses in Missouri, Illinois, Michigan, Ohio, Wyoming, Florida, and Texas. She gained her acute care clinical experience at Barnes Hospital in St. Louis, Missouri and Ohio State University Medical Center in Columbus, Ohio.

She also has an additional ten years experience in government healthcare contracting in Missouri, Texas, Michigan and Ohio and is a professional writer.



Lisa F. Waddell, MD, MPH

Lisa Friend Waddell, M.D., MPH, is the Deputy Commissioner for Health Services with the South Carolina Department of Health and Environmental Control (SC DHEC). She has a passion for public health and for leading a team who's vision is health improvement and optimal quality of life for all. As Deputy, Dr. Waddell is responsible for leading and providing managerial oversight over South Carolina's state and local public health system where public health services are provided in every county in the state. With a budget of \$370 million dollars and over 4,000 employees statewide, Health Services is the largest organizational unit in DHEC and includes Maternal and Child Health, Environmental Health, Infectious Disease Prevention, Chronic Disease

Prevention, Home Health, Minority Health, the Public Health Laboratory, and the health aspects of public health preparedness and response.

As Deputy Commissioner, Dr. Waddell works closely with the Commissioner on agency issues such as policy development, strategic planning, legislative & budget strategies, and organizational issues. She has focused Health Services towards operational and outcomes excellence – through performance management, public/private partnerships, and a focus on prevention and healthy lifestyles. She is leading the department's efforts on critical public health issues such as the obesity epidemic, eliminating health disparities, improving the health of children, addressing chronic diseases; lowering tobacco exposure and use (especially among youth); and strengthening the public health system to ensure that we are prepared to respond to outbreaks and natural/manmade disasters.

Some accomplishments include the re-establishment of the Oral Health Program, expansion of the Injury Prevention Program, leveraging statewide faith/health partnerships, launching the Health Disparities Network: co-founding the SC Public Health Consortium; enhancing workforce development learning opportunities; establishing the "All Health Team" Initiative; and securing additional federal, state and non-profit funds to address public health issues in the state.

Under her leadership, Health Services (DHEC) has received several partnership awards including: ASTHO's 2006 Vision Award and the *IMARA* Women's Magazine Public Health Sector Award for five consecutive years.

Prior to her current position, Dr. Waddell served as the Assistant Commissioner for SC DHEC. In that capacity, she provided guidance and direction over the operations of the Commissioner's offices to include Internal Audits, Planning, Public Health Statistics and Information Services, Affirmative Action, Personnel, Minority Health, Budgets, Finance and Business Management. Under her leadership the department received the "Best Practices Achievement Award" in recognition of efforts to increase participation of women in leadership roles in state government.

Before coming to Columbia, Dr. Waddell served as the District Health Director for the Wateree Public Health District in South Carolina and as the Deputy Health Director for the Richmond City Health Department in Richmond, Virginia.

Dr. Waddell is a graduate of the University of Virginia and the Medical College of Virginia in Richmond, Virginia. She completed her internship in Internal Medicine from the Eastern Virginia School of Medicine and her residency in Preventive Medicine and Public Health at the Medical College of Virginia. She earned a Master of Public Health in Health Policy and Administration from the University of North Carolina at Chapel Hill. Dr. Waddell is Board Certified in Preventive Medicine and Public Health and a graduate of the Center for Disease Control's National Public Health Leadership Institute.

Dr. Waddell is a member of numerous professional organizations and boards including the SC Public Health Association; the American Public Health Association; the SC Medical Association; the American College of Preventive Medicine; the SC Cancer Alliance; the Diabetes Board of SC; and the Association of State & Territorial Health Official's (ASTHO) Management Committee (Vice Chair).



Sandra S. Williams, MS, RD, LD, CDE,

studies at Alabama A&M University in Huntsville, Alabama graduating Magna Cum Laude with a BS degree in Nutrition and a minor in Chemistry. Sandra continued her education by completing a dietetic internship with the VA hospital in Houston Texas, in 1989 while working on her Masters in Nutrition

Sandra Williams is a native of Alabama. She completed her undergraduate

with Texas Women University, completing this degree in 1994.

Mrs. Williams became a Registered Dietitian in 1990 and a Certified Diabetes Educator in 1993. She served as the Nutrition Education Coordinator for Beaumont Regional Medical Center in Beaumont, Texas for 8 years instructing inpatient and outpatient diabetic clients individually and in a group setting. She coordinated a monthly cooking school for diabetics appearing on TV with local chefs who demonstrated heart healthy, low fat, low sugar or sugar-free recipes on the air and at the cooking class. Sandra also planned snacks and cooking classes for "Camp Gulf Breeze", a summer camp for children with diabetes. Mrs. Williams was the guest speaker at several conferences while living in Texas.

In 1998, Sandra and her family relocated to Greenville, SC. She is currently employed with SC DHEC Region 2 counseling high risks prenatal clients including those with pre-existing diabetes and gestational diabetes. She continues to speak at venues like "Search your Heart" and local diabetes support groups. Sandra was the recipient of the Julia Porcher Brunson Award for Outstanding Public Health Nutritionist in 2005. In 2006, she became the recipient of the Winter Symposium Certified Diabetes Educator of the year for the State of South Carolina.



Katy L. Wynne, EdD, MSW

Katy L. Wynne, EdD, MSW is the Tobacco Cessation Policy Consultant

for the State Tobacco Control Division at the South Carolina Department of Health and Environmental Control, Bureau of Community Health and Chronic Disease Prevention. Dr. Wynne manages the SC Tobacco Quitline and coordinates comprehensive statewide initiatives to address the burden of tobaccorelated diseases and health disparities in South Carolina—in particular, efforts to advance policy and systems change to provide better treatment of tobacco dependence and improved access to smoking and tobacco cessation services. In her position at DHEC, she leads partnership projects to train private and public healthcare providers, hospital quality improvement staff and medical students throughout the state on the U.S. Public Health Service clinical practice guideline for treating tobacco use and dependence.

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